# Aging and medically frail North Carolinians in nursing homes:

Higher risk for severe illness from COVID-19

Live in high-risk settings

# Early and aggressive action helped slow the spread in nursing homes.

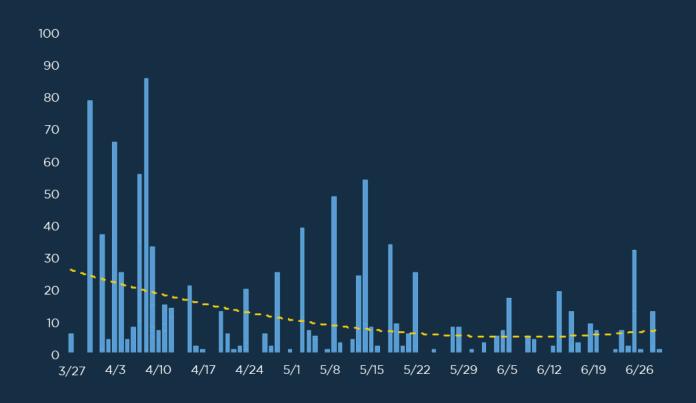
#### North Carolina's 5-point strategy

- Prevention
- Staffing
- Testing
- Outbreak Management
- Oversight

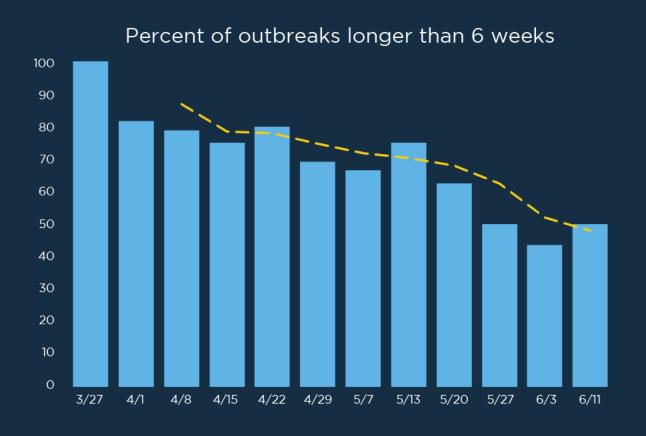
#### We're seeing results:

- Fewer people become sick when there is an outbreak.
- Outbreaks are shorter.

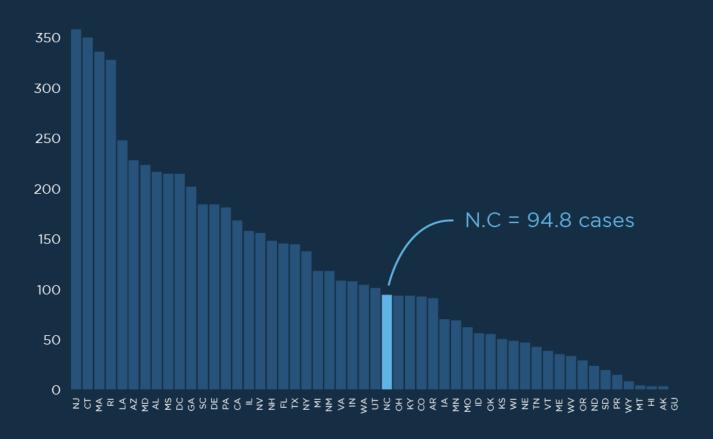
## Improved infection controls mean fewer nursing home residents become sick when there is an outbreak.



## Improved infection control means nursing home outbreaks are shorter.



Avg. Number of Nursing Home Cases per 1,000 Residents



#### **Prevention**

Sent every nursing home in the state a 2-week supply of PPE.

- Increased trainings
- Employee screenings
- Mask requirement for staff
- No visitors or group activities

### **Staffing**

Helping to fill staffing shortages.

- Funding to keep and train staff
- Reciprocity for out-of-state nurse aides

### **Testing**

Testing all nursing home residents and staff. More than 49,000.

- Testing for all staff and residents when one person tests positive
- Staff testing every other week, weekly if case is detected

### **Outbreak Management**

## Required weekly testing of all staff and residents if outbreak

- Required reporting to Local Health Department within 24 hours
- Technical assistance throughout outbreak

#### **Oversight**

Inspected all 428 CMS certified nursing homes. Completed one-month ahead of schedule.

 Follow-up infection control inspection if nursing home has first resident case

### New funding for nursing home testing.

Staff testing every other week mandated in new Order.

NC to pay for testing through November

### **Adding More Infection Control Teams**

10 new regional prevention support strike teams

#### Everyone can do their part to protect aging North Carolinians.





